

## Application Instructions for Patients Applying to Use the "Oregon Medical Marijuana Act"

*In order to use medical cannabis (marijuana) legally in Oregon you should do the following as soon as possible:*

1. Obtain your doctor's documentation stating that "**marijuana may help**" alleviate symptoms. The doctor's document should be a copy of progress notes. This is not a "prescription" for medical cannabis- only a statement that it MAY help. If you receive any statement that you are benefiting from using cannabis in writing this is O.K. too. The doctor's note must come from a physician licensed to practice medicine in Oregon.
2. Include your doctor's name, address, and telephone number on a sheet of paper that is sent with the other information.
3. Print your name, address, and birth date on this paper.
4. Print the name only, of your "designated primary caregiver" if you have one, under the heading: "Designated Primary Caregiver."

All of the information should be sent to:

Dr. Grant Higginson, State Health Officer,  
Oregon Health Division  
800 N.E. Oregon St. Number 925  
Portland, OR 97232.

Points to remember:

- Legibly print or type all information;
- **KEEP A COPY OF ALL THE INFORMATION FOR YOUR RECORDS ALONG WITH THE DATE MAILED;**
- Call the Health Division at (503) 731-4000 for information;
- Don't ask the OHD for the name of a participating physician. Your physician must provide the recommendation;
- Any of your medical records, including physician's notes, prescriptions, orders, care plans and treatment notes are yours to obtain copies of. Call your doctor's office and request copies. Your doctor's office should ask you to complete and sign a release of medical information, but, by law they **MUST** provide this information to you if you request it.
- Applications are locked away until the registration system is activated;
- Mail your application to the Oregon Health Division **RETURN RECEIPT REQUESTED**. This insures that you will be notified that the OHD has received your application. (Ask the post office for assistance when you mail your application information.);
- Oregonians for Medical Rights, the organization that championed the passage of the Oregon Medical Marijuana Act has a toll-free number (877) 600-6767. Call it for information.

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